



WRIST & THUMB

PRO UNIVERSAL WRIST BRACE.....	55
PRO THUMB/WRIST BRACE	55
NEO-WRIST BRACE	56
NEO-WRIST/THUMB BRACE.....	57
NEO-WRIST/THUMB WRAP.....	58
CMC COMFORT SPLINT.....	59
FINGER Mallet SPLINT.....	59
HAND CORK SPLINT	60
SCAPHOID CORK SPLINT	60
WRIST CORK SPLINT.....	60
PRE MOULDED SPLINT.....	61

SIZING INFORMATION:

- Circumference of Extended Wrist



BENECARE™ PRO UNIVERSAL WRIST BRACE

The **Benecare™ Pro Universal Wrist Brace** is constructed using lightweight and durable fabrics together with a solid palmar bar. The braces unique construction allows it to be used on both the left and right hand by re-aligning the braces support, facilitating improved patient wellbeing. This brace is also used for sports injuries relating to the wrist.

FEATURES AND BENEFITS:

- **Universal Left & Right**
- **Extremely breathable Lycra®-lined interior**
- **Lightweight durable fabric construction**
- **Contoured along distal palmar crease to allow for 90° MCP flexion**
- **Precisely sculpted narrow web space prevents pinching**
- **Removable / adjustable stay**
- **Easy to use contact closure strap**
- **Wide strap to provide extra support at the wrist with hook and loop fastening**



Easy to use strap



Removable/adjustable stay

Pro Universal Wrist Brace Sizing Information:

Code	Size	Wrist circ.
UWSS	Small	14-16cm
UWSM	Medium	16-18cm
UWSL	Large	18-20cm
UWSXL	X-Large	20-22cm

Universal fits left + right

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INDICATIONS FOR USE:

- Tendonitis
- Healing fracture
- Soft tissue injuries
- Sports injuries

INDICATIONS FOR USE:

- DeQuervain's Tendonitis
- Gamekeeper's Thumb
- Selected Scaphoid injuries
- Soft Tissue injuries
- Post Cast Healing injuries



SIZING INFORMATION:

- Circumference of Extended Wrist

BENECARE™ PRO THUMB/WRIST BRACE

The **Benecare™ Thumb/Wrist Brace** is made from a breathable material with an adjustable stay and a padded lining for added comfort.

FEATURES AND BENEFITS:

- **Lightweight durable fabric with a soft Lycra® lined interior.**
- **Breathable.**
- **Contoured along the distal palmar crease to allow for 90 degrees of MCP.**
- **Removal / adjustable aluminium palmar stay to restrict wrist movement.**
- **Easy to apply.**
- **Wide strap to provide extra support at the wrist with hook and loop fastening.**



Removable/adjustable stay



Easy to use strap

Pro Thumb/Wrist Brace Sizing Information:

Code Left	Code Right	Size	Wrist circ.
TSLS	TSRS	Small	14-16cm
TSLM	TSRM	Medium	16-18cm
TSLL	TSRL	Large	18-20cm
TSLXL	TSRXL	X-Large	20-22cm

PLEASE SEE PRICE LIST FOR NHS CODE

Available as Standard 7" or Long 9"



BENECARE™ NEO WRAP WRIST BRACE

The **Benecare™ NeoWrap Wrist Support** is made from neoprene which retains heat to soothe painful joints. This brace conforms well and can be cut for a more tailored shape to fit swollen arthritic joints without fraying. Available in 7" & 9" tailored shape without fraying.

FEATURES AND BENEFITS:

- Neoprene allows for gentle compression to the whole wrist region for added reassurance.
- Easy to modify metal stay keeps wrist in slight extension relieving strain on the tendons.
- Maintains full finger movement for rehabilitation exercises.
- Neoprene, 40° wash and air dry.

Available as Standard 7" or Long 9"



INDICATIONS FOR USE:

- Healing fractures
- Sprains
- Repetitive strain injury
- Rheumatoid arthritis



Easy to use strap



Removable/adjustable stay

Standard 7" (18cm) Sizing Information:

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BNWS7-XSL	BNWS7-XSR	NWS7BE-XSL	NWS7BE-XSR	X-Small	11.5-13.5cm
BNWS7-SL	BNWS7-SR	NWS7BE-SL	NWS7BE-SR	Small	14-16cm
BNWS7-ML	BNWS7-MR	NWS7BE-ML	NWS7BE-MR	Medium	16.5-19.5cm
BNWS7-LL	BNWS7-LR	NWS7BE-LL	NWS7BE-LR	Large	20-21.5cm
BNWS7-XLL	BNWS7-XLR	NWS7BE-XLL	NWS7BE-XLR	X-Large	22-24cm

Long 9" (23cm) Sizing Information

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BNWS9-XSL	BNWS9-XSR	NWS9BE-XSL	NWS9BE-XSR	X-Small	11.5-13.5cm
BNWS9-SL	BNWS9-SR	NWS9BE-SL	NWS9BE-SR	Small	14-16cm
BNWS9-ML	BNWS9-MR	NWS9BE-ML	NWS9BE-MR	Medium	16.5-19.5cm
BNWS9-LL	BNWS9-LR	NWS9BE-LL	NWS9BE-LR	Large	20-21.5cm
BNWS9-XLL	BNWS9-XLR	NWS9BE-XLL	NWS9BE-XLR	X-Large	22-24cm

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BENECARE™ NEO WRAP WRIST/ THUMB BRACE

The **BeneCare™ NeoWrap Wrist/Thumb Support** is a 7" (18cm) support, available with a wrap around thumb function or with a closed thumb function that allow flexibility and a firmly abducted position. The brace includes an aluminium thumb and palm stay to support the thumb MP joint and restricting movement at the CMC joint.

FEATURES AND BENEFITS:

- **Wraparound thumb support.**
- **Made from neoprene for comfort.**
- **Wrist brace with palmar bar and thumb extension bar which can be shaped to provide a more custom fit.**
- **Additional support to the first CMC and MCP joints.**
- **Removable stay can be shaped.**
- **Neoprene, 40° wash and air dry.**

INDICATIONS FOR USE:

- **Healing fractures**
- **Healing ligament injuries**
- **Rheumatoid / Osteoarthritis**



Open thumb option



Closed thumb option



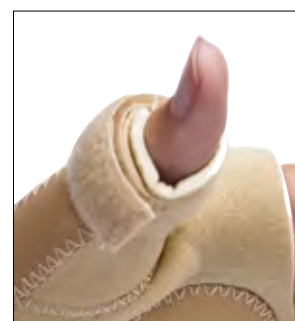
Easy to use strap



Removable/adjustable stay



Open thumb



Closed thumb

Closed Thumb Sizing Information:

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BNTWSC-XSL	BNTWSC-XSR	NTWSC-XSL	NTWSC-XSR	X-Small	11.5-13.5cm
BNTWSC-SL	BNTWSC-SR	NTWSC-SL	NTWSC-SR	Small	14-16cm
BNTWSC-ML	BNTWSC-MR	NTWSC-ML	NTWSC-MR	Medium	16.5-19.5cm
BNTWSC-LL	BNTWSC-LR	NTWSC-LL	NTWSC-LR	Large	20-21.5cm
BNTWSC-XLL	BNTWSC-XLR	NTWSC-XLL	NTWSC-XLR	X-Large	22-24cm

Open Thumb Sizing Information:

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BNTWSW-XSL	BNTWSW-XSR	NTWSW-XSL	NTWSW-XSR	X-Small	11.5-13.5cm
BNTWSW-SL	BNTWSW-SR	NTWSW-SL	NTWSW-SR	Small	14-16cm
BNTWSW-ML	BNTWSW-MR	NTWSW-ML	NTWSW-MR	Medium	16.5-19.5cm
BNTWSW-LL	BNTWSW-LR	NTWSW-LL	NTWSW-LR	Large	20-21.5cm
BNTWSW-XLL	BNTWSW-XLR	NTWSW-XLL	NTWSW-XLR	X-Large	22-24cm

PLEASE SEE PRICE LIST FOR NHS CODE



**BENECARE™
NEO WRAP
WRIST/THUMB
WRAP**

The **BeneCare™ NeoWrap Wrist/Thumb Wrap** holds the thumb lightly in abduction and stabilises the wrist with a double wrist wrap in Neoprene.

FEATURES AND BENEFITS:

- Neoprene allows for gentle compression to the whole wrist region for added reassurance.
- Thumb extension piece for additional support.
- 40° Wash, air dry.

INDICATIONS FOR USE:

- CMC ligament sprains & strains
- Synovitis
- Rheumatoid / Osteoarthritis



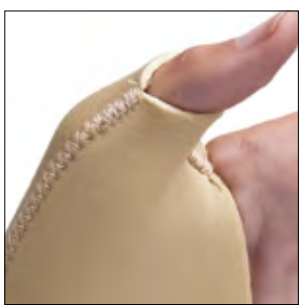
Also available with Abduction strip



Easy to use strap



Abduction Strip



Non Abduction Strip

NeoWrap Wrist/Thumb Wrap Sizing Information:

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BNWTW-XSL	BNWTW-XSR	NWTW-XSL	NWTW-XSR	X-Small	11.5-13.5cm
BNWTW-SL	BNWTW-SR	NWTW-SL	NWTW-SR	Small	14-16cm
BNWTW-ML	BNWTW-ML	NWTW-ML	NWTW-MR	Medium	16.5-19.5cm
BNWTW-LL	BNWTW-LR	NWTW-LL	NWTW-LR	Large	20-21.5cm
BNWTW-XLL	BNWTW-XLR	NWTW-XLL	NWSW-XLR	X-Large	22-24cm

NeoWrap Abducted Wrist Thumb Wrap Sizing Information:

Code Black		Code Beige		Size	Wrist circ.
Left	Right	Left	Right		
BATW-XSL	BATW-XSR	ATW-XSL	ATW-XSR	X-Small	11.5-13.5cm
BATW-SL	BATW-SR	ATW-SL	ATW-SR	Small	14-16cm
BATW-ML	BATW-MR	ATW-ML	ATW-MR	Medium	16.5-19.5cm
BATW-LL	BATW-LR	ATW-LL	ATW-LR	Large	20-21.5cm
BATW-XLL	BATW-XLR	ATW-XLL	ATW-XLR	X-Large	22-24cm

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CMC SPLINT

The **BeneCare™ Comfort CMC Splint** provides direct support for the thumb CMC joint while allowing full finger function. Designed for osteoarthritis and medial subluxation of the thumb CMC joint, the Comfort CMC Splint provides gentle compression that helps relieve thumb discomfort associated with CMC joint arthritis and/or instability, tendonitis or repetitive motion.

Wraparound supports are made of 1/4" (3,2 mm) perforated neoprene with a terry cloth liner that helps keep skin cool and comfortable. The contoured neoprene strap wraps around the thumb CMC joint and the first metacarpal for direct CMC joint support.

FEATURES AND BENEFITS:

- Neoprene allows for gentle compression to the whole wrist region for added reassurance.
- Anti-microbial and latex-free.
- Perforated neoprene for breathability
- 40° Wash, air dry

INDICATIONS FOR USE:

- CMC ligament sprains & strains

Comfort CMC Splint Sizing Information:

Code Left	Code Right	Size	Wrist circ.
CMC-XSL	CMC-XSR	X-Small	11.5-13.5cm
CMC-SL	CMC-SR	Small	14-16cm
CMC-ML	CMC-MR	Medium	16.5-19.5cm
CMC-LL	CMC-LR	Large	20-21.5cm
CMC-XLL	CMC-XLR	X-Large	22-24cm
CMC-XXLL	CMC-XXLR	XX-Large	24.5-27cm

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Neoprene Strap Wrap

BENECARE™ MALLET FINGER SPLINTS

BeneCare™ Mallet Finger Splints are designed to support distal joint of finger in extension while permitting unrestricted movement of proximal interphalangeal joint. The BeneCare mallet is normally used without padding and is taped to middle phalanx, maintaining the distal phalanx in extension.

FEATURES AND BENEFITS:

- Made from high quality rigid plastic.
- Ventilated design for greater comfort.
- Removable stay can be shaped.
- 7 Sizes available.

Mallet Finger Splints Sizing Information:

Code	Size	
FMS1	Size 1	X-Small
FMS2	Size 2	Small
FMS3	Size 3	Medium
FMS4	Size 4	Medium/Large
FMS5	Size 5	Large
FMS5.5	Size 5.5	Large/X-Large
FMS6	Size 6	X-Large
FMS7	Size 7	XX-Large

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CORK SPLINTS

The **UFS System** (Universal Fixation Splint) is an innovative, universal, ready to use splinting system made out of cork which is also the better substitute for Plaster of Paris (P.O.P.). As the system is an easy to use, fast and clean product with a high level of patient comfort it is a very suitable immobilisation product for both the A+E Department and the Fracture Clinic.

INSTRUCTIONS FOR USE:

- Select the appropriate size of splint. If needed, the splint can easily be adjusted with scissors to the desired measurements
- Slip stockinette over the effected body part and wrap additional padding over the stockinette. Padding should be used for protection of pressure points and bony prominences
- Fixate the splint using hook & loop straps
- The UFS-splint will automatically follow the contours of the extremities



Wrist cork splint



Scaphoid cork splint



Hand cork splint

Paediatric Wrist Splint Sizing Information:

Code Left	Code Right	Size
UFCS-11LS	UFCS-11RS	Small
UFCS-11LM	UFCS-11RM	Medium
UFCS-11LL	UFCS-11RL	Large

Wrist Splint Sizing Information:

Code Left	Code Right	Size
UFCS-01LS	UFCS-01RS	Small
UFCS-01LM	UFCS-01RM	Medium
UFCS-01LL	UFCS-01RL	Large

Scaphoid Splint Sizing Information:

Code Left	Code Right	Size
UFCS-07LS	UFCS-07RS	Small
UFCS-07LL	UFCS-07RL	Large

Hand Splint Sizing Information:

Code Left	Code Right	Size
UFCS-08LS	UFCS-08RS	Small
UFCS-08LL	UFCS-08RL	Large

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BENECASTM PRE-CUT MOULDED HAND SPLINTS



BeneCastTM Pre-Cut Moulded Hand Splints are an excellent way of applying strong durable splints. Simply wet the splint, by spraying or running under the tap and roll in a towel to absorb excess moisture. Apply directly to the limb using a Benecare cotton crepe bandage. Will mould perfectly to the contours of the limb and will reach functional strength in 30 mins.

FEATURES AND BENEFITS:

- Can be used quickly in emergency situations by ambulance services.
- 100% penetration of X-ray.
- 5-times lighter and stronger than Plaster Casting.
- Fast and efficient method to make a removable cast.
- Can be secured by either bandage or Velcro[®] tape.
- Pre-cut to its individual shape the splint requires minimal trimming or preparation.
- Excellent ventilation avoids any inflammation and allergy.
- Elasticity and flexibility for shaping along the body contours.

Hand Splint Sizing Information:

Code	Description	Size
PCMS001	Wrist	Adult
PCMS002	Wrist	Adult
PCMS003	Dorsal	Adult
PCMS004	Thumb Spica	Adult

Universal fits left + right

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